

## **Children and Youth Services (CYS)**

The following services are available to all Medi-Cal beneficiaries (under age 21) to reduce mental health symptoms and behaviors:

- Initial telephone screening to determine level of need
- Comprehensive assessment
- Parent/Caregiver and child participate in planning appropriate treatment goals
- Individual: Clinician and child work together
- Family: Clinician works with family and child together and separately as needed
- Group\*: Clinician works at the same time with several children who have similar symptoms and behaviors
- Psychiatric: Psychiatric assessment, on-going medication monitoring and support
- Case Management\*: Child and family are connected to community based organizations for further support
- Crisis: Assessment and linkage to possible immediate services

Please contact Access/Managed Care at 209-468-9370 or 888-468-9370 to request services, or 209-468-8688 for crisis services.

\*Group and Case Management services are available for individuals who have no insurance